

# Our 3 weekly Autumn/Winter Weaning Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Menu 1</b> 					
Stage 1 puree approx. 6-9 months					
Lunch					
Tea					
Stage 2 semi-puree approx. 9-12 months					
Lunch					
Tea					
Stage 3 semi-puree/chopped approx. 12 months plus					
Lunch					
Tea					
<b>Menu 2</b> 					
Stage 1 puree approx. 6-9 months					
Lunch					
Tea					
Stage 2 semi-puree approx. 9-12 months					
Lunch					
Tea					
Stage 3 semi-puree/chopped approx. 12 months plus					
Lunch					
Tea					
<b>Menu 3</b> 					
Stage 1 puree approx. 6-9 months					
Lunch					
Tea					
Stage 2 semi-puree approx. 9-12 months					
Lunch					
Tea					
Stage 3 semi-puree/chopped approx. 12 months plus					
Lunch					
Tea					