

Our 3 weekly Autumn/Winter Weaning Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Menu 1  Stage 1 puree approx. 6-9 months					
Lunch					
Tea					
Stage 2 semi-puree approx. 9-12 months					
Lunch					
Tea					
Stage 3 semi-puree/chopped approx. 12 months plus					
Lunch					
Tea					
Menu 2  Stage 1 puree approx. 6-9 months					
Lunch					
Tea					
Stage 2 semi-puree approx. 9-12 months					
Lunch					
Tea					
Stage 3 semi-puree/chopped approx. 12 months plus					
Lunch					
Tea					
Menu 3  Stage 1 puree approx. 6-9 months					
Lunch					
Tea					
Stage 2 semi-puree approx. 9-12 months					
Lunch					
Tea					
Stage 3 semi-puree/chopped approx. 12 months plus					
Lunch					
Tea					