

Our 3 weekly Spring/Summer Weaning Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Menu 1 					
Stage 1 puree approx. 6-9 months					
Lunch					
Tea					
Stage 2 semi-puree approx. 9-12 months					
Lunch					
Tea					
Stage 3 semi-puree/chopped approx. 12 months plus					
Lunch					
Tea					
Menu 2 					
Stage 1 puree approx. 6-9 months					
Lunch					
Tea					
Stage 2 semi-puree approx. 9-12 months					
Lunch					
Tea					
Stage 3 semi-puree/chopped approx. 12 months plus					
Lunch					
Tea					
Menu 3 					
Stage 1 puree approx. 6-9 months					
Lunch					
Tea					
Stage 2 semi-puree approx. 9-12 months					
Lunch					
Tea					
Stage 3 semi-puree/chopped approx. 12 months plus					
Lunch					
Tea					