

Ingredients:

60g Carrots

60g Parsnips

60g Frozen Diced Swede

1.2g Dried Mixed Herbs

400ml Boiling Water

160g Chopped tomatoes

40g Large Spanish Onions

0.6g Ground Black Pepper

300g Small Diced Stewing Beef

50g Gravy

400g Fresh Potato







Can you help find the items on the shopping list?

