

Ingredients:

75g Grated Cheddar Cheese

160g Chopped Tomatoes

200g Minced Beef

2g Garlic Puree

60g Large Spanish Onions

3 each Lasagne sheets

10g Plain Flour

10g Soft Spread

40g Carrots

200ml Semi-Skimmed Milk

10g Celery Head

2g Dried Mixed Herbs



Can you help find the items on the shopping list?

Onion



Tomatoes



Milk



Plain Flour

