

Recipe: Broccoli and Cauliflower Bake - 5 Portions

Ingredients:

40g Plain flour

400ml Whole Milk

Baguettes Wholemeal Part Baked - 2 each

200g Frozen Cauliflower

200g Frozen Broccoli

1.2g Black Pepper

100g Mild Grated Cheddar Cheese

40g Soft Spread



Can you help find the items on the shopping list?

Broccoli



Cheese



Whole milk



Cauliflower

